

## Beginning Tap

This class is an introduction to the basic steps and rhythms of tap dance using age appropriate music.

*Note: Instructor has gear available for purchase.*

Ages 4 - 10 years					
Day	Time	Place	Res	N-Res	Dates
Sa	10:45AM-11:15AM	DP MPR	\$25	\$30	9/5-9/26
Sa	10:45AM-11:15AM	DP MPR	\$30	\$35	10/3-10/31
Sa	10:45AM-11:15AM	DP MPR	\$25	\$30	11/7-11/28
Sa	10:45AM-11:15AM	DP MPR	\$20	\$25	12/5-12/19
Sa	10:45AM-11:15AM	DP MPR	\$25	\$30	1/9-1/30
Sa	10:45AM-11:15AM	DP MPR	\$25	\$30	2/6-2/27

## Zumba Kids NEW

This program is perfect for our younger Zumba fans. Participants will have a chance to be active and jam out to their favorite music! Participants will also develop leadership, respect, teamwork, creativity, coordination and cultural awareness.

Zumba Kids Jr. (Ages 4 - 6 years)					
Day	Time	Place	Res	N-Res	Dates
F	5:00PM-5:45PM	SPCC	\$25	\$30	9/4-9/25
F	5:00PM-5:45PM	DP MPR	\$30	\$35	10/2-10/30
F	5:00PM-5:45PM	DP MPR	\$20	\$25	11/6-11/20
F	5:00PM-5:45PM	SPCC	\$25	\$30	1/8-1/29
F	5:00PM-5:45PM	SPCC	\$25	\$30	2/5-2/26

Zumba Kids (Ages 7 - 11 years)					
Day	Time	Place	Res	N-Res	Dates
F	6:15PM-7:00PM	SPCC	\$25	\$30	9/4-9/25
F	6:15PM-7:00PM	DP MPR	\$30	\$35	10/2-10/30
F	6:15PM-7:00PM	DP MPR	\$20	\$25	11/6-11/20
F	6:15PM-7:00PM	SPCC	\$25	\$30	1/8-1/29
F	6:15PM-7:00PM	SPCC	\$25	\$30	2/5-2/26

## Youth Basketball League

Keep your child active in our seasonal basketball program! Whether your child is an experienced player or just learning the game of basketball, she or he is welcome to join our team. The only requirement to join is that the child has a desire to learn the fundamentals of basketball and wants to have fun.

Ages 8 - 12 years					
Time	Place	League	Res	Non-Res	Dates:
6PM-8PM	Various	Co-Ed	\$25	\$30	Jan-March

**Please Note:** Programs do not run on the following holidays: 9/7, 10/12, 11/11, 11/25, 1/18, 2/15

## Flag Football

The City has partnered with NFL Flag and local elementary schools to host this youth league. If your child is in the afterschool program at a San Pablo school, please ask your administrator about registering. If you are not enrolled in a San Pablo school, please see the information below.

Ages 8 - 12 years					
Dates	Time	Place	League	Res	Non-Res
Sept.-Dec.	Various	Davis	Co-Ed	\$20	\$25

## Karate

Students learn practical self-defense through the Okinawa style of Uechi Ryu while improving control of their bodies, thoughts, and emotions.

*Note: Instructor has gear available for purchase.*

Beginning Karate (Ages 4-7 years)					
Day	Time	Place	Res	Non-Res	Dates
M,W	5:30PM-6:15PM	SPCC	\$40	\$45	9/2-9/30*
M,W	5:30PM-6:15PM	SPCC	\$35	\$40	10/5-10/28*
M,W	5:30PM-6:15PM	SPCC	\$35	\$40	11/2-11/30*
M,W	5:30PM-6:15PM	SPCC	\$25	\$30	12/2-12/16
M,W	5:30PM-6:15PM	SPCC	\$35	\$40	1/4-1/27*
M,W	5:30PM-6:15PM	SPCC	\$40	\$45	2/1-2/29*

Intermediate Karate (Ages 8-14 years)					
Day	Time	Place	Res	Non-Res	Dates
M,W	6:30PM-7:15PM	SPCC	\$40	\$45	9/2-9/30*
M,W	6:30PM-7:15PM	SPCC	\$35	\$40	10/5-10/28*
M,W	6:30PM-7:15PM	SPCC	\$35	\$40	11/2-11/30*
M,W	6:30PM-7:15PM	SPCC	\$25	\$30	12/2-12/16
M,W	6:30PM-7:15PM	SPCC	\$35	\$40	1/4-1/27*
M,W	6:30PM-7:15PM	SPCC	\$40	\$45	2/1-2/29*

